

Wishing Well Academic Preschool Hot Lunch Menu
Year 2012
Week 1

Day:	Breakfast	AM Snack	Lunch	PM Snack
Monday:	French Toast Fresh Fruit Milk	Crackers String Cheese Juice	Corn Dogs Carrot Sticks Fresh Fruit Breadsticks Milk	Yogurt Juice
Tuesday:	Cold Cereal/Milk Juice	Multigrain Fruit Bar Milk	Chicken/Rice String Beans Fresh Fruit Milk	Pretzels Juice
Wednesday:	Scrambled Eggs Toast Fresh Fruit Milk	Graham Crackers Juice	Hamburgers Fries Fresh Fruit Milk	Animal Cookies Juice
Thursday:	Bagel Fresh Fruit Milk	Crackers Juice	Beef Tacos Fresh Fruit Corn Milk	Hawaiian Roll Juice
Friday:	Pancakes Fresh Fruit Milk	Pretzels Juice	Mac-N-Cheese Fruit Carrots String Cheese Milk	Muffins Milk

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Week 2

Day:	Breakfast	AM Snack	Lunch	PM Snack
Monday:	English Muffins Seasonal Fruit Milk	Crackers Cheese Juice	Cheese Quesadillas Corn Apple Sauce Milk	Pretzels Juice
Tuesday:	Cold Cereal/Milk Juice	Fresh Fruit Milk	Fish Sticks Green Beans/Fruit Wheat Roll String Cheese Milk	Crackers Juice
Wednesday:	Pancakes Fresh Fruit Milk	Multigrain Bar Juice	Hot Dogs Carrot Slices Seasonal Fruit Milk	Yogurt Juice
Thursday:	Muffins Fresh Fruit Milk	Graham crackers Juice	Turkey Sandwiches Raisins Fruit Cocktail Milk	Fun Mix Juice
Friday:	Waffles Fresh Fruit Milk	Pretzels Juice	Chicken Nuggets Rice Seasonal Fruit Carrot Slices Milk	Cookies Milk

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Week 3

Day:	Breakfast	AM Snack	Lunch	PM Snack
Monday:	Cold Cereal Juice	Crackers Juice	Grilled Cheese Sandwiches Tator Tots Carrot Slices Milk	Apple Slices Cheese Juice
Tuesday:	French Toast Orange Slices Milk	Fresh Fruit Juice	Bean & Cheese Burrito Corn Pineapple Tidbits Milk	Hawaiian Roll
Wednesday:	English Muffins Applesauce Milk	Yogurt Juice	Beef Nachos Corn Fruit Cup Milk	Pretzels Juice
Thursday:	Pancakes Fresh Fruit Milk	Graham crackers Juice	Little Smokies Roll Fruit Cup Carrot Slices Milk	Multigrain Bar Juice
Friday:	Toast Fruit Milk	Crackers Juice	Spaghetti & Meatballs String Beans Fruit Cup Milk	Cookies Milk